



**NEWHALL  
JUNIOR SCHOOL**  
Lionheart Educational Trust

# **N.J.S PE**

## Our Intent Implementation Impact



### **OUR INTENT – PE**

**AIM: To provide World Class teaching of PE.**

Children will leave Newhall Juniors as physically active individuals who make positive and healthy lifestyle choices. Pupils will have become confident communicators, resilient competitors and will have built strategies which enable them to work effectively as part of a team. At Newhall Juniors, we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve their potential. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social and moral development. Children with additional needs are provided with appropriate support to enable them to take part and gain confidence in skills, understanding and motivation. We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

At Newhall Juniors, our PE curriculum is structured to provide a range of sports experiences during which every child participates to develop their skills and learning through competitive, team and individual sports. Children will participate in two hours of timetabled PE lessons per week. One of these sessions will be led by the class teacher or HLTA with the support of the multi-sports coach and the other session being led by the class teacher.

The PE skill progression overview will ensure that clear progression of skills is taught within each year group. The sequencing of lessons will be progressive throughout the year, ensuring all of the key skills aims of the National Curriculum are met from Year 3 to Year 6. In addition to this, children will get opportunities to participate in competitive events organised by South Derbyshire Active Sports Partnership along with other events organised by the school. We aspire to enable the children to become physically active individuals who make healthy lifestyle choices.

### **OUR IMPLEMENTATION – PE**

To implement a successful, PE curriculum staff will make use of a variety of important pedagogical strategies and resources, including:

- The long-term plan sets out the PE units, which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. - Subject expertise, through regular CPD (for individuals, the subject leader and whole staff) ensures that Physical Education is taught effectively.
- Teachers use (and adapt, when necessary) the Get Set 4 PE scheme to support them in their planning. These documents are progressive, coherent and apply fundamental skills, which are year group appropriate.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach, which endeavours to encourage not only physical development but also mental wellbeing. These events also develop teamwork, social skills and leadership skills.
- Children are given wider opportunities to build character and embed values through regular teamwork activities, competitive sport and Sports Day.
- Sports Premium Funding is used to increase physical competency of staff and children and also provides staff with resources and high-quality equipment.

- Children in Year 5, will have the opportunity to participate in swimming lessons each week.
- With the opportunity of residential visits, Year 4 and Year 6 have a greater chance to focus on Outdoor and Adventurous Activities. For children that do not attend these visits, there will be a timetabled programme to ensure these children can access similar experiences too.

### NCJS Long-Term Plan

2024/2025 <span>Edit</span>						
	TERM 1		TERM 2		TERM 3	
Year 3	OAA	Gymnastics	Dance	Football	Fundamentals Y3/4	Athletics
	Netball	Ball Skills Y3/4	Basketball	Fitness	Tennis	Cricket
Year 4	Basketball	Dance	Football	Tag Rugby	Athletics	Cricket
	Gymnastics	Fitness	Dodgeball	Hockey	Rounders	Tennis
Year 5	OAA	Gymnastics	Dance	Netball	Swimming	Athletics
	Swimming	Swimming	Swimming	Swimming	Cricket	Swimming
Year 6	Golf	Dance	Gymnastics	Badminton Y5/6	Athletics	Hockey
	Dodgeball	Basketball	Tag Rugby	Cricket	Rounders	Tennis

### THE IMPACT – PE

- Enriched cultural capital.
- Positive exercise habits.
- Improved health and fitness.
- Increased exposure to competitive events.
- Development of sportsmanship.
- School website will showcase team success

### Equal opportunities, Special Needs and Equality.

All children should have access to the PE Curriculum in line with the school's Equal Opportunities Policy, the SEND policy and Equality Policy. Teachers should aim to provide effective learning opportunities for all pupils by:

- Setting suitable learning challenges.
- Responding to pupils diverse learning, religious and cultural needs.
- Overcoming potential barriers to learning and assessment for individuals and groups of pupils.
- Adapt the curriculum where appropriate.

If necessary, the SENDCo and the PE Lead will advise teachers on teaching activities relevant to pupils with special educational needs including more able pupils.

PE Leader, Ashleigh Simons